DEPARTMENT OF HEALTH SERVICES

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February 13, 2001

CHDP Provider Information Notice No: 01-02

TO:

ALL CHILD HEALTH AND DISABILITY PREVENTION (CHDP)

PROGRAM PROVIDERS

SUBJECT: L

UPDATED INFORMATION REGARDING NEW PEDIATRIC GROWTH

CHARTS AND BODY MASS INDEX (BMI) CALCULATION TOOL AND

TRAINING

This Information Notice is to advise you of updated information regarding the new pediatric growth charts from the Centers for Disease Control, National Center for Health Statistics (CDC). This notice also provides a BMI calculation tool and provides information regarding upcoming training.

Provider Information Notice No.00-07 was sent in November 2000 and since that mailing, new information has become available. CDC has now posted clinical versions of the growth charts on the web site. They can be accessed through the Internet at www.cdc.gov/growthcharts. The CDC web site has made some changes in the clinical stature-for-age charts for boys and girls so any clinical stature-for-age charts that have been downloaded and printed between October 16, 2000, through November 21, 2000, should be deleted and replaced with the current versions.

New Clinical Growth Charts

The new clinical charts include space for the child's name, record number and documentation of measurements. The web site includes downloading instructions for the charts and instructions for printing. It is suggested that you use Set 1: Clinical charts with 5th and 95th percentiles for CHDP health assessments.

Also enclosed for your convenience are current camera ready masters of Set 1: Clinical charts with 5th and 95th percentiles. It is suggested that if you choose to reproduce these charts, they can be printed on two sides of the paper and use blue or pink paper for color coding and easy identification of female and male charts.

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You may also purchase growth charts by contacting customer service at:

Ross Laboratories 1-800-227-5767 (8:30 am to 5 pm Eastern Time)

Mead Johnson 1-800-222-9123 (7 am to 7 pm, Monday – Friday, Central Time, 8 am to 4:30 pm, Saturday)

Tool for BMI Identification

Enclosed is a tool to assist you with a quick method of determining BMI. Some providers offices may find it easier to use the tables, "Body Mass Index (BMI, in Kg/m5) for selected Statures and Weights" as opposed to performing the calculation using the BMI formula.

Training

The Centers for Disease Control has published a Power Point presentation on growth assessment and the use of the CDC Growth Charts 2000 on the Internet that can now be accessed through the web site listed above. There will also be two training sessions at the California Childhood Obesity Conference, sponsored by the California Department of Health Services and Center for Weight and Health, University of California, Berkeley on March 19 and 20, 2001, in San Diego. Registration materials for this conference can be obtained by calling 1-800-858-7743 or (916) 278-4960. Registration for the conference will also be available in January 2001 on the California State University Sacramento website: www.csus.edu/bsg.

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Enclosures